

# SAFETY ACTION PLAN

ACTIVITY: ADVENTURE RUN  
LOCATION: FLYING FOX

## GROUP LEADER...

- ➔ Disclose relevant medical conditions
- ➔ Fulfil responsibilities in SAP below
- ➔ Assist with bottom position
- ➔ Responsible for overall group management

## PARTICIPANTS...

- ➔ Comfortable (but not loose) clothing
- ➔ Long hair tied back
- ➔ Covered footwear for river wade

## INSTRUCTOR...

- ➔ Pass internal training and assessment program
- ➔ Current first aid certificate

## RESTRICTIONS

Under 10yrs  
Pregnant women

## RATIOS

1 Instructor: 10 students  
1 Instructor + 1 Adult: 15 Students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Death/serious injury (fall from height., drowning)	<ul style="list-style-type: none"> <li>- Inadequate instruction</li> <li>- Failure to follow instruction re: procedures and boundaries</li> <li>- Equipment failure</li> <li>- Flooded river</li> <li>- Caught on submerged object</li> </ul>	<ul style="list-style-type: none"> <li>- Instructors are suitably qualified</li> <li>- Clear instructions are given</li> <li>- Listen attentively and follow instructions</li> <li>- Regular inspections</li> <li>- Activity must not take place while river is in flood</li> <li>- Pre-check river for hazards and correct depth</li> <li>- Remove loose clothing</li> </ul>	<p>TSCC TS instructor <b>Participants + Group leaders</b> TS instructor TS instructor</p>	<p>Before Beginning</p> <p>Prior to setup + Monthly inspection</p> <p>Beginning &amp; During</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> <li>- All to vacate top level of site</li> <li>- Instructor to coordinate first aid</li> <li>- Instructor to radio to main office to arrange for ambulance or extra assistance</li> <li>- Assess if activity can continue</li> </ul>
Impact injury (Ground Falls, Collisions)	<ul style="list-style-type: none"> <li>- Falling off wall/A-frame</li> <li>-Slipping on wet trail</li> </ul>	<ul style="list-style-type: none"> <li>- Take care when scaling wall</li> <li>- Spotters to pay attention while others are scaling</li> <li>- Managing group speed during bad weather</li> </ul>	<p><b>Group leaders +</b> TS instructor</p> <p>Group leaders + TS instructor</p>	<p>Before + During</p> <p>During</p>	<p><i>Entrapment</i></p> <ul style="list-style-type: none"> <li>- Instructor to follow procedure to release trapped item</li> </ul>
Entrapment (hair, clothing, fingers)	<ul style="list-style-type: none"> <li>- Inappropriate clothing</li> <li>- Long hair</li> <li>- Hand position</li> <li>- Submerged object</li> </ul>	<ul style="list-style-type: none"> <li>- Remove loose clothing</li> <li>- Tie back long hair</li> <li>- Listen attentively to instructions</li> <li>- Pre-check river for hazards and correct depth</li> <li>- Kids must be wearing shoes</li> </ul>	<p><b>Participants + Group leaders</b></p> <p>TSCC</p>	<p>Before &amp; during</p>	<p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> <li>- Group leader to administer first aid</li> </ul>

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. *Serious Hazards are highlighted*

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Bumps, bruises, scrapes, strains, sprains	<ul style="list-style-type: none"> <li>- Uneven/slippy surface</li> <li>- Fallen foliage creating slippy surface</li> <li>- Scraping back on entry to the pipe</li> </ul>	<ul style="list-style-type: none"> <li>- Wear appropriate footwear</li> <li>- Remove overhanging branches and clear track</li> <li>- Ensuring that kids are fully laying down before entering</li> </ul>	<p><b>Group leaders</b></p> <p>TS instructor Participants</p>	<p>During Prior to setup + Monthly inspection During</p>	
Exposure to elements (sun, wind, temperature)	<ul style="list-style-type: none"> <li>- Long periods out in the sun, river wind and rain without correct clothes</li> </ul>	<ul style="list-style-type: none"> <li>- Move to an indoor activity during "bad weather"</li> <li>- Ensure the group has adequate clothing</li> </ul>	<p>TS instructor <b>Participants + Group leaders</b></p>	<p>Before  Before &amp; During</p>	
Psychological harm	<ul style="list-style-type: none"> <li>- Fear of heights</li> <li>- Being bullied or forced to participate</li> </ul>	<ul style="list-style-type: none"> <li>- Challenge by choice</li> <li>- Group encouragement</li> </ul>	<p>TS instructor <b>Participants + GL</b></p>	<p>During</p>	

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