

SAFETY ACTION PLAN

ACTIVITY: ADVENTURE RUN LOCATION: RIVER BEHIND GYM

GROUP LEADER...

- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Assist with bottom position
- **C** Responsible for overall group management
- Participants...
- Comfortable (but not loose) clothing
- Long hair tied back
- Covered footwear for river wade

- INSTRUCTOR...
- Pass internal training and assessment program
- Current first aid certificate

RESTRICTIONS

Over 10 years old No back injuries Not suitable for pregnant woman

Ratios

1 Instructor: 10 students 1 Instructor + 1 Adult: 15 Students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Death/serious injury (fall from height., drowning)	 Inadequate instruction Failure to follow instruction re: procedures and boundaries Equipment failure 	 Instructors are suitably qualified Clear instructions are given Listen attentively and follow instructions Regular inspections 	TSCC TS instructor Participants + Group leaders TS instructor	Before Beginning & During Prior to setup + Monthly inspection	 Suspected major injury All to vacate top level of site Instructor to coordinate first aid Instructor to radio to main office to arrange for ambulance or extra assistance Assess if activity can continue
	 Flooded river Caught on submerged object 	 Activity must not take place while river is in flood Pre-check river for hazards and correct depth Remove loose clothing 	TS instructor	Beginning & During	
Impact injury (Ground Falls, Collisions)	- Falling off wall/A-frame	Take care when scaling wallSpotters to pay attention while others are scaling	Group leaders + TS instructor	Before + During	
	-Slipping on wet trail	- Managing group speed during bad weather	Group leaders + TS instructor	During	Entrapment - Instructor to follow procedure to release trapped item
Entrapment (hair, clothing, fingers)	 Inappropriate clothing Long hair Hand position Submerged object 	 Remove loose clothing Tie back long hair Listen attentively to instructions Pre-check river for hazards and correct depth Kids must be wearing shoes 	Participants + Group leaders TSCC	Before & during	Other/ Minor Injury - Group leader to administer first aid
Bumps, bruises, scrapes, strains, sprains	 Uneven/slippery surface Fallen foliage creating slippery surface Scraping back on entry to the pipe 	 Wear appropriate footwear Remove overhanging branches and clear track Ensuring that kids are fully laying down before entering 	Group leaders TS instructor Participants	During Prior to setup + Monthly inspection During	
Exposure to elements (sun, wind, temperature)	 Long periods out in the sun, river, wind and rain without correct clothes 	Move to an indoor activity during "bad weather"Ensure the group has adequate clothing	TS instructor Participants + Group leaders	Before Before & During	
Psychological harm	Fear of heightsBeing bullied or forced to participate	Challenge by choiceGroup encouragement	TS instructor Participants + GL	During	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. Serious Hazards are highlighted