

GROUP LEADER...

- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Assist with belaying and fitting harness
- Responsible for overall group management

PARTICIPANTS...

- Comfortable (but not loose) clothing
- Long hair tied back

INSTRUCTOR...

- Pass internal training and assessment program
- Current First Aid Certificate

RESTRICTIONS

- Over 5 years old
- No back injuries
- Not Pregnant

RATIOS (not including instructor)

1 adult : 12 students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Death/Serious Injury (fall from height)	<ul style="list-style-type: none"> - Inadequate instruction - Failure to follow instruction re: procedures and boundaries - Equipment/anchor failure - Poorly fitted harness/incorrect attachment - Poor belaying technique 	<ul style="list-style-type: none"> - Instructors are suitably qualified - Clear instructions are given - Listen attentively and follow instructions - Regular inspections - Instructor to checks harness fitting and attachment - Instruct proper belay technique, supervise and correct poor technique 	<p>TSCC TS instructor</p> <p>TS instructor</p> <p>TS instructor + Group leaders</p>	<p>Before</p> <p>Prior to setup, monthly</p> <p>Beginning & During</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> - Instructor to coordinate first aid - All climbing stops - Instructor to radio to main office to arrange for ambulance or extra assistance - Assess if activity can continue - Group leader to ensure other group members are cared for
Impact Injury (falling against wall, falling objects)	<ul style="list-style-type: none"> - Climbing outside each climbs designated area - Failure to apply instructions given re: boundaries - Loose holds - Absence of ground padding - Inappropriate belay technique - Inattentive belaying 	<ul style="list-style-type: none"> - Clearly define boundaries - Listen attentively and follow instructions - Tighten holds which become loose ASAP - Ensure padding is present - Lower climber in a controlled fashion - Monitor belaying technique 	<p>TSCC Participants + Group leaders</p> <p>TS Instructor</p> <p>TS Instructor</p> <p>Group leaders + TS Instructor</p>	<p>Before</p> <p>During</p> <p>During</p> <p>Before</p> <p>During</p>	<p><i>Entrapment</i></p> <ul style="list-style-type: none"> - Instructor to follow procedure to release trapped item
Suspension Trauma	<ul style="list-style-type: none"> - Prolonged hanging in a harness - Arresting a fall 	<ul style="list-style-type: none"> - Lowering the climber as soon as it is safe to do so - Use of belay setup with sufficient dynamic movement to reduce sudden jolts 	<p>TS instructor+ Group leaders</p> <p>TSCC</p>	<p>During</p> <p>Before</p>	<p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> - Group leader to administer first aid
Entrapment (hair, clothing, fingers)	<ul style="list-style-type: none"> - Inappropriate clothing - Long hair - Failure to apply instruction re: hand position 	<ul style="list-style-type: none"> - Remove loose clothing - Tie back long hair - Listen attentively to instructions 	<p>Participants + Group leaders</p>	<p>Before & during</p>	<p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> - Group leader to administer first aid
Equipment Damage	<ul style="list-style-type: none"> - Inappropriate belay technique 	<ul style="list-style-type: none"> - Lower climber in a controlled fashion 	<p>Participants</p>	<p>During</p>	
Rope Burn	<ul style="list-style-type: none"> - lowering too fast 	<ul style="list-style-type: none"> - Instructor to monitor and correct poor technique 	<p>TS instructor</p>	<p>During</p>	
Psychological harm	<ul style="list-style-type: none"> - Fear of heights - Being bullied or forced to participate 	<ul style="list-style-type: none"> - Challenge by choice - Group encouragement 	<p>TS instructor</p> <p>Participants + GL</p>	<p>During</p>	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. **Serious Hazards are highlighted**