

# SAFETY ACTION PLAN

ACTIVITY: ROCK CLIMBING  
LOCATION: MAIN STAGE

## GROUP LEADER...

- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Assist with belaying and fitting harness
- Responsible for overall group management

## PARTICIPANTS...

- Comfortable (but not loose) clothing
- Long hair tied back
- Shoes (recommended)

## INSTRUCTOR...

- Pass internal training and assessment program
- Current First Aid Certificate

## RESTRICTIONS

Over 5 years old  
No back injuries, Not Pregnant

## RATIOS (not including instructor)

1 adult : 12 students

What could go wrong? <b>'The potential harm'</b>	What would cause it to go wrong? <b>'The hazard'</b>	How could we prevent it from going wrong? <b>'The mitigation'</b>	Responsibility of?	When will it be done?	Emergency Plan
Death/Serious Injury (fall from height)	<ul style="list-style-type: none"> <li>- Inadequate instruction</li> <li>- Failure to follow instruction re: procedures and boundaries</li> <li>- Equipment/anchor failure</li> <li>- Poorly fitted harness/incorrect attachment</li> <li>- Poor belaying technique</li> <li>- Incorrect set up</li> </ul>	<ul style="list-style-type: none"> <li>- Instructors are suitably qualified</li> <li>- Clear instructions are given</li> <li>- Listen attentively and follow instructions</li> <li>- Regular inspections</li> <li>- Instructor to checks harness fitting and attachment</li> <li>- Instruct proper belay technique, supervise and correct poor technique</li> <li>- Instructors adequately trained to tie knots correctly and are knowledgeable about the equipment</li> </ul>	<p>TSCC TS instructor</p> <p>TS instructor</p> <p><b>TS instructor + Group leaders</b></p>	<p>Before</p> <p>Prior to setup, monthly</p> <p>Beginning &amp; During</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> <li>- Instructor to coordinate first aid</li> <li>- All climbing stops</li> <li>- Instructor to radio to main office to arrange for ambulance or extra assistance</li> <li>- Assess if activity can continue</li> <li>- Group leader to ensure other group members are cared for</li> </ul>
Impact Injury (falling against wall, falling objects)	<ul style="list-style-type: none"> <li>- Climbing outside each climbs designated area</li> <li>- Failure to apply instructions given re: boundaries</li> <li>- Loose holds</li> <li>- Absence of ground padding</li> <li>- Inappropriate belay technique</li> <li>- Inattentive belaying</li> </ul>	<ul style="list-style-type: none"> <li>- Clearly define boundaries</li> <li>- Listen attentively and follow instructions</li> <li>- Tighten holds which become loose ASAP</li> <li>- Ensure padding is present</li> <li>- Lower climber in a controlled fashion</li> <li>- Monitor belaying technique</li> </ul>	<p><b>TSCC</b></p> <p><b>Participants + Group leaders</b></p> <p>TS Instructor</p> <p>TS Instructor</p> <p><b>Group leaders + TS Instructor</b></p>	<p>Before</p> <p>During</p> <p>During</p> <p>Before</p> <p>During</p>	<p><i>Entrapment</i></p> <ul style="list-style-type: none"> <li>- Instructor to follow procedure to release trapped item</li> </ul>
Suspension Trauma	<ul style="list-style-type: none"> <li>- Prolonged hanging in a harness</li> <li>- Arresting a fall</li> </ul>	<ul style="list-style-type: none"> <li>- Lowering the climber as soon as it is safe to do so</li> <li>- Use of belay setup with sufficient dynamic movement to reduce sudden jolts</li> </ul>	<p>TS instructor+ Group leaders</p> <p>TSCC</p>	<p>During</p> <p>Before</p>	<p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> <li>- Group leader to administer first aid</li> </ul>
Entrapment (hair, clothing, fingers)	<ul style="list-style-type: none"> <li>- Inappropriate clothing</li> <li>- Long hair</li> <li>- Failure to apply instruction re: hand position</li> </ul>	<ul style="list-style-type: none"> <li>- Remove loose clothing</li> <li>- Tie back long hair</li> <li>- Listen attentively to instructions</li> </ul>	<p><b>Participants + Group leaders</b></p>	<p>Before &amp; during</p>	
Equipment Damage	<ul style="list-style-type: none"> <li>- Inappropriate belay technique</li> </ul>	<ul style="list-style-type: none"> <li>- Instructor to monitor and correct poor technique</li> </ul>	<p><b>Participants</b></p>	<p>During</p>	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. **Serious Hazards are highlighted**

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Rope Burn	- lowering too fast	- Lower the climber at a controlled speed	TS instructor	During	
Psychological harm	- Fear of heights - Being bullied or forced to participate	- Challenge by choice - Group encouragement	TS instructor <b>Participants + GL</b>	During	

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