

## GROUP LEADER...

- Group Leader run
- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Responsible for overall group management
- Be a competent swimmer

## PARTICIPANTS...

- Togs or suitable attire for getting wet.
- Towel + warm clothes for afterwards
- Must wear a buoyancy aid if not a confident swimmer

## INSTRUCTOR...

- Pass internal training and assessment program
- Current first aid certificate

## RESTRICTIONS

Not recommended for under 5yrs  
Non swimmers

## RATIOS (not including instructor)

1 adult : 5 students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Death/Serious Injury (Drowning)	<ul style="list-style-type: none"> <li>- Poor supervision</li> <li>- Failure to follow instruction re: procedures and boundaries</li> <li>- Participants unable to swim</li> <li>- Flooded river</li> </ul>	<ul style="list-style-type: none"> <li>- Group Leader to follow rules on gate</li> <li>- Clear instructions are given</li> <li>- Listen attentively and follow instructions</li> <li>- Unconfident swimmers shouldn't enter the water without a buoyancy aid</li> <li>- Swimmers under 14 must be supervised by an adult (who can competently swim)</li> <li>- Activity must not take place while river is in flood</li> </ul>	<ul style="list-style-type: none"> <li>Participants + Group leaders</li> <li>Participants + Group leaders</li> </ul>	<ul style="list-style-type: none"> <li>Before &amp; During</li> <li>During</li> </ul>	<ul style="list-style-type: none"> <li><i>Suspected major injury</i></li> <li>- All to vacate area</li> <li>- Instructor to coordinate first aid</li> <li>- Group Leader to communicate with main office to arrange for ambulance or extra assistance</li> <li>- Assess if activity can continue</li> </ul>
Impact Injury (Water, surface, river bed, or other person)	<ul style="list-style-type: none"> <li>- Submerged object</li> <li>- Shallow water</li> <li>- Swimmer(s) in landing area</li> <li>- Inappropriate entry to water</li> <li>- Failure to apply instructions given</li> <li>- Slipping off the bank or bridge</li> </ul>	<ul style="list-style-type: none"> <li>- Pre-check river for hazards and correct depth</li> <li>- Exit river ASAP, no swimming below slide</li> <li>- Land bottom first- feet and head up</li> <li>- Listen attentively and follow instructions</li> <li>- Clients to use caution when observing from the bank, waiting to get into the stream or crossing the bridge.</li> </ul>	<ul style="list-style-type: none"> <li>Participants + Group leaders</li> <li>Participants</li> <li>Participants</li> </ul>	<ul style="list-style-type: none"> <li>Before</li> <li>During</li> <li>During</li> </ul>	<ul style="list-style-type: none"> <li><i>Entrapment</i></li> <li>- Group leader to pull participant out of river</li> <li><i>Other/ Minor Injury</i></li> <li>- Group leader to administer first aid</li> </ul>
Entrapment	<ul style="list-style-type: none"> <li>- Foreign objects in water</li> <li>- Swimming in or around trees</li> </ul>	<ul style="list-style-type: none"> <li>- Check for foreign objects before jumping it the water.</li> <li>- Avoid trees and other foreign objects whilst swimming</li> </ul>	<ul style="list-style-type: none"> <li>Participants + Group leaders</li> </ul>	<ul style="list-style-type: none"> <li>Before &amp; During</li> </ul>	
Exposure to Elements (sun, wind, temperature)	<ul style="list-style-type: none"> <li>- Long periods out in the sun or wind and rain without correct clothes</li> </ul>	<ul style="list-style-type: none"> <li>- Move to an indoor Activity during "bad weather"</li> <li>- Ensure the group has adequate clothing</li> </ul>	<ul style="list-style-type: none"> <li>TS instructor</li> <li>Participants + Group leaders</li> </ul>	<ul style="list-style-type: none"> <li>Before</li> <li>Before &amp; During</li> </ul>	
Psychological Harm	<ul style="list-style-type: none"> <li>- Being bullied or forced to participate</li> </ul>	<ul style="list-style-type: none"> <li>- Challenge by choice</li> <li>- Group encouragement</li> </ul>	<ul style="list-style-type: none"> <li>TS instructor</li> <li>Participants + GL</li> </ul>	<ul style="list-style-type: none"> <li>During</li> </ul>	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. **Serious Hazards are highlighted**