

GROUP LEADER...

- Group Leader run after briefing by TSCC staff
- Disclose relevant medical conditions
- Fulfil responsibilities in SAP below
- Responsible for overall group management

PARTICIPANTS...

- Footwear

INSTRUCTOR...

- Pass internal training and assessment program
- Current first aid certificate

RESTRICTIONS

None

RATIOS (not including instructor)

1 adult : 12 students

| What could go wrong? 'The potential harm' | What would cause it to go wrong? 'The hazard' | How could we prevent it from going wrong? 'The mitigation' | Responsibility of? | When will it be done? | Emergency Plan |
|---|--|--|---|--|--|
| Loss of Process | <ul style="list-style-type: none"> - Too many team members - Improper briefing/instructions - Not physically appropriate for the team - Too complex for group | <ul style="list-style-type: none"> - Optimum numbers are 5 to 12 people - Ensure the whole group is listening during brief - Ensure the team is physically capable of the challenges - Outline the goal of the activities | <p>TS Instructors</p> <p>Group Leaders</p> | <p>Before</p> <p>During</p> | <p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> - All to vacate area - Instructor to coordinate first aid - Instructor to radio to main office to arrange for ambulance or extra assistance - Assess if activity can continue <p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> - Group leader to administer first aid |
| Inappropriate use of equipment | <ul style="list-style-type: none"> - Holding planks at head height - Draping rope around neck - Throwing planks | <ul style="list-style-type: none"> - Clear brief about use of equipment, including being aware of group members, the length of the plank, and the risks of carrying rope around their neck | <p>TS instructor</p> <p>Group leaders</p> | <p>Before</p> | |
| | <ul style="list-style-type: none"> - Placing planks on round surfaces - Not enough overlap of plank onto platforms - Jumping from obstacle to obstacle | <ul style="list-style-type: none"> - Brief prior to the activity on safe plank placement - Check each plank placed. Make adjustments if needed - Participants MUST use planks to move across obstacles unless told otherwise | <p>TS instructor</p> <p>Group leaders</p> | <p>During</p> | |
| | <ul style="list-style-type: none"> - Equipment used in wet weather - Participants being carried on stretcher - Using hands on the steel cable - Hands or feet under the impact zone on each end of the see-saw | <ul style="list-style-type: none"> - Only use in fair weather conditions - No one to be lifted in the stretcher - Brief students not touch the steel cable - Brief students about see-saw and question just before the see-saw to recap the hazards | <p>TSCC</p> <p>TS instructor</p> <p>Group leaders</p> | <p>Before</p> <p>During</p> | |
| Slip, trip, fall | <ul style="list-style-type: none"> - Falling off an obstacle - Grabbing team members when taking a fall - Running activity in wet conditions | <ul style="list-style-type: none"> - Use the acronym SOS "step off safely" when describing how to dismount the obstacle - Use the points system to make them aware that taking team members with them will incur more points against the team - Only run activity in fine weather | <p>TS instructor</p> <p>Participants + Group leaders</p> | <p>Before & during</p> <p>During</p> | |
| Exposure to elements (sun, wind, temperature) | <ul style="list-style-type: none"> - Long periods out in the sun or wind and rain without correct clothes | <ul style="list-style-type: none"> - Move to an indoor Activity during "bad weather" - Ensure the group has adequate clothing | <p>TS instructor</p> <p>Participants + Group leaders</p> | <p>Before</p> <p>Before & During</p> | |
| Psychological harm | <ul style="list-style-type: none"> - Being bullied or forced to participate | <ul style="list-style-type: none"> - Challenge by choice - Group encouragement | <p>TS instructor</p> <p>Participants + GL</p> | <p>During</p> | |

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. **Serious Hazards are highlighted**