

## GROUP LEADER...

- ➡ Disclose relevant medical conditions
- ➡ Fulfil responsibilities in SAP below
- ➡ Responsible for overall group management

## PARTICIPANTS...

- ➡ Footwear

## INSTRUCTOR...

- ➡ Pass internal training and assessment program
- ➡ Current first aid certificate

## RESTRICTIONS

Not to use while wet

RATIOS (not including instructor)  
1 adult : 12 students

What could go wrong? 'The potential harm'	What would cause it to go wrong? 'The hazard'	How could we prevent it from going wrong? 'The mitigation'	Responsibility of?	When will it be done?	Emergency Plan
Loss of Process	<ul style="list-style-type: none"> <li>- Too many team members</li> <li>- Improper briefing/instructions</li> <li>- Not physically appropriate for the team</li> <li>- Too complex for group</li> </ul>	<ul style="list-style-type: none"> <li>- Optimum numbers are 5 to 12 people</li> <li>- Ensure the whole group is listening during brief</li> <li>- Ensure the team is physically capable of the challenges</li> <li>- Outline the goal of the activities</li> </ul>	<p>TS Instructors</p> <p>Group Leaders</p>	<p>Before</p> <p>During</p>	<p><i>Suspected major injury</i></p> <ul style="list-style-type: none"> <li>- All to vacate area</li> <li>- Instructor to coordinate first aid</li> <li>- Instructor to radio to main office to arrange for ambulance or extra assistance</li> <li>- Assess if activity can continue</li> </ul> <p><i>Other/ Minor Injury</i></p> <ul style="list-style-type: none"> <li>- Group leader to administer first aid</li> </ul>
Inappropriate use of equipment	<ul style="list-style-type: none"> <li>- Holding planks at head height</li> <li>- Draping rope around neck</li> <li>- Throwing planks</li> </ul>	<ul style="list-style-type: none"> <li>- Clear brief about use of equipment, including being aware of group members, the length of the plank, and the risks of carrying rope around their neck</li> </ul>	<p>TS instructor</p> <p>Group leaders</p>	<p>Before</p>	
	<ul style="list-style-type: none"> <li>- Placing planks on round surfaces</li> <li>- Not enough overlap of plank onto platforms</li> <li>- Jumping from obstacle to obstacle</li> </ul>	<ul style="list-style-type: none"> <li>- Brief prior to the activity on safe plank placement</li> <li>- Check each plank placed. Make adjustments if needed</li> <li>- Participants MUST use planks to move across obstacles unless told otherwise</li> </ul>	<p>TS instructor</p> <p>Group leaders</p>	<p>During</p>	
	<ul style="list-style-type: none"> <li>- Equipment used while course is wet</li> <li>- Participants being carried on stretcher</li> <li>- Using hands on the steel cable</li> <li>- Hands or feet under the impact zone on each end of the see-saw</li> </ul>	<ul style="list-style-type: none"> <li>- Only use while course is dry</li> <li>- No one to be lifted in the stretcher</li> <li>- Brief students not touch the steel cable</li> <li>- Brief students about see-saw and question just before the see-saw to recap the hazards</li> </ul>	<p>TSCC</p> <p>TS instructor</p> <p>Group leaders</p>	<p>Before</p> <p>During</p>	
Slip, trip, fall	<ul style="list-style-type: none"> <li>- Falling off an obstacle</li> <li>- Grabbing team members when taking a fall</li> <li>- Running activity in wet conditions</li> </ul>	<ul style="list-style-type: none"> <li>- Use the acronym S.O.S "step off safely" when describing how to dismount the obstacle</li> <li>- Use the points system to make them aware that taking team members with them will incur more points against the team</li> <li>- Only run activity in fine weather</li> </ul>	<p>TS instructor</p> <p>Participants + Group leaders</p>	<p>Before &amp; during</p> <p>During</p>	
Exposure to elements (sun, wind, temperature)	<ul style="list-style-type: none"> <li>- Long periods out in the sun or wind and rain without correct clothes</li> </ul>	<ul style="list-style-type: none"> <li>- Move to an indoor Activity during "bad weather"</li> <li>- Ensure the group has adequate clothing</li> </ul>	<p>TS instructor</p> <p><b>Participants + Group leaders</b></p>	<p>Before</p> <p>Before &amp; During</p>	
Psychological harm	<ul style="list-style-type: none"> <li>- Being bullied or forced to participate</li> </ul>	<ul style="list-style-type: none"> <li>- Challenge by choice</li> <li>- Group encouragement</li> </ul>	<p>TS instructor</p> <p><b>Participants + GL</b></p>	<p>During</p>	

Please note: The Instructor may cancel this activity at any time if conditions outlined in this SAP are not able to be achieved or maintained. **Serious Hazards are highlighted**