

# GEAR LIST



At Totara Springs we believe some of the best adventures are to be had in what seems like the most challenging conditions. So you need to be prepared for all kinds of weather. The following is a suggested gear list. We recommend that all gear is clearly named.

## General:

- Large bag or suitcase
- Daypack
- Sleeping bag
- Blanket
- Pillow
- Towel
- Drink Bottle
- Torch and spare batteries
- Plastic bags - for dirty clothes
- Medication

## Toiletries:

- Toothbrush and Toothpaste
- Face Cloth
- Soap
- Sun block and Insect repellent
- Comb

## Clothing:

- T-shirts - enough for each day
- Underwear - enough for each day
- Shorts
- Trousers
- Socks
- Togs (suggest one piece for girls)
- PJ's
- Warm Sweatshirt
- Thermal Underwear
- Sun hat & Sun Glasses
- Waterproof jacket
- Covered shoes - that can get wet
- Sandals or Jandals